

Required Health and Emergency Documents for UHigh Students

***All forms must be turned in at the beginning of the school year. If the forms are not complete they will be returned for completion and considered noncompliant until completed.**

Annual Requirement - All UHigh Students

- Student Emergency Information Sheet
- University High School Consent Form
 - Parent/Guardian **AND** student signatures are required
- University High School Emergency Treatment Release & Waiver

Freshman and New Students to UHigh

- **See top of page for annual requirement**
- Physical Exam on the [State of Illinois Exam Form](#) (This form is acceptable as a sports physical for all athletes. A sports physical is **not** acceptable for Freshman or New Student Requirement)
 - Must be dated within 1 year of the first day of school.
 - Must have the health history portion completed, signed by parent/guardian, and dated.
- Immunization Record
- Dental Exam completed within the last year - [Dental Form](#)
- **If you are new to Illinois Schools** - Vision exam completed within the past year - [Vision Form](#)

Seniors

- **See top of page for annual requirement**
- Meningococcal (MCV4) vaccine - Second dose

All Athletes

- **See top of page for annual requirement**
- IHSA PreParticipation Physical [Form](#)
 - If a school physical is required the same year as a sports physical, the [State of Illinois Exam Form](#) may be used with appropriate sign off from physician
 - Health history portion must be completed with signature
 - The physical for sports is valid for 395 days
- IHSA Sports Medicine Acknowledgement and Consent [Form](#)
 - Must be signed by parent/guardian **AND** student to be valid