

Friends of U-High Award

***Lester
Hampton***

The University High School Alumni Association honors Lester Hampton as the 2019 Friends of U-High Award Recipient for his contributions to University High School.

Lester Hampton has served as a physical education teacher and coach for University High School since 1988. He is starting his 32nd year as a three sport coach at U-High.

Lester was a 1979 graduate of Springfield Lanphier High School and a 1985 graduate of Illinois State University. He successfully ran track both in high school and college. In 1982 Lester was a record holder in the 800 meter run at ISU.

areer, Lester became a student teacher at U-High. Then, he accepted a teaching and coaching position, which became a dream of a lifetime. In 1993, Lester helped to implement the Personal Fitness curriculum at U-High. In the spring semesters of 2010-2011, he taught a track & field class at ISU. Lester was the Chair of the PE Department from 2004-2014. Since 2014, he has been the Co-Chair of the U-High U-Grow Diversity group. Lester has been a member of the Culture Club since 2016. He is also been a member of the Student Assistant Program (SAP) since 2008. Lester was the recipient of the Albert Eckert Teacher Appreciation Award twice in 2014 and 2018.

He coached the freshman and sophomore boys' basketball teams from 1988 until 2017, but is now currently one of the assistant basketball coaches for the boys' varsity team. In 2018, Lester was a part of the varsity team that reached the quarterfinals in Class 3A for the first time in U-High's basketball history.

***University
High School***



2019