

# **Pioneer Wrestling Camp 2022**

Hosted by Normal University High School Wrestling Team

**When:** May 31, June 2, 6, 13, 20, 23, July 5, 7, 11, 14, 18

**Where:** Normal University High School small gym: 500 W. Gregory Normal, IL

**Who:** Any student entering 6<sup>th</sup> – 12<sup>th</sup> grade. No experience is required....any experience level is welcome.

- 5 p.m. – 7 p.m. May 31, June 2, 13, 20, 23, July 5, 7, 11, 14
- 6:30 – 8:00 p.m. June 6 & July 18

**What:** The camp will focus on technique from all wrestling positions. Each day of camp will include dynamic warm ups, instruction on wrestling techniques, and live drill sessions.

**Cost:**

- \$50 per camper

